

Trails Carolina

Lake Toxaway, NC

Trails Carolina Now Accepting Students

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Graham Shannonhouse, Executive Director for Lake Toxaway, North Carolina-based, Trails Carolina is pleased to announce the program is now accepting students.

Designed for struggling adolescents ages 13 to 17, Trails Carolina integrates clinically sophisticated and research-based modalities including equine therapy (EAP), group and individual therapy with licensed therapists, structured academics with a certified teacher, and comprehensive family inclusion to provide students with an impactful experience that encourages and supports self-awareness and confidence and develops unique and effective tools to ensure continued post-program success.

Trails Carolina operates from the premise that a student's ability to effectively integrate their wilderness experience into real-world skills is every bit as important as the program experience itself. For this reason, a comprehensive and educational family inclusion program is built into the program model. Parents and caregivers are expected to actively participate in their child's experience by working with their student's therapist to complete a course curriculum which parallels the curriculum of their child and by participating in parents workshops designed specifically to address their family's needs. Parents are empowered to help their child better transition their Trails Carolina experience to their "real" lives, as well as enhance the student's experience by being an active participant in the growth and recovery of the family unit. Additionally, students take part in a comprehensive academic program that continues their formal education while on trail. This better prepares the student to seamlessly return to a challenging academic environment without significant disruption in their coursework, while

also providing opportunity for the child to practice new-found tools in a real-world setting.

Former SUWS of the Carolinas Executive Director, Shannonhouse, has assembled a dynamic and proven team including Mark Oerther, Admissions Director, Shalene Pierce LCSW, Therapist, Carlyn Daubs MS, Therapist, and Al Evans M.Ed, a certified educator with over 30 years of experience working with youth.

Program Highlights:

Clinically Sophisticated Model

Academic Credits

Equine Therapy

Integrated, Wrap-Around Family Curriculum

Wilderness Expeditions

For additional information, please contact Mark Oerther at: 888-387-2457 or 828-606-3507 and/or visit the Trails Carolina website at www.trailscarolina.com.